



## Heavenly Father Prayer

[teachingsfromheaven.net](http://teachingsfromheaven.net)



---

**Heavenly Father I give you my yes today. I thank you for loving me so much. Help me to contemplate your everlasting love for us deep within my soul.**

**Help me Father to see what a treasure my soul really is.  
Help me Father to understand its value.  
Help me Father to avoid any sin that would stain my soul.  
Help me Father to remember my home is with you in Heaven.**

**Heavenly Father I give you my yes today. I thank you for loving me so much. Help me to contemplate your everlasting love for us deep within my soul**

**Teach me Father to be kind to my brothers and sisters.  
Teach me Father to listen patiently to their needs.  
Teach me Father to see the beauty of their uniqueness.  
Teach me Father to love everyone unconditionally.**

**Heavenly Father I give you my yes today. I thank you for loving me so much. Help me to contemplate your everlasting love for us deep within my soul**

**Remind me Father that everyone is my brother and sister.  
Remind me Father that we will share in the banquet you have prepared for us since the beginning of time.  
Remind me Father that my heavenly treasure is my brothers and sisters.  
Remind me Father that your Son's sacrifice was the only ransom worthy of my soul.**

---

**Heavenly Father I give you my yes today. I thank you for loving me so much. Help me to contemplate your everlasting love for us deep within my soul**

**Thank you Father for creating a kingdom called Heaven.  
Thank you Father for making us your sons and daughters.  
Thank you Father for giving us each other to learn love.  
Thank you Father for sending your only Son to open the door to your heart.**

**Heavenly Father I give you my yes today. I thank you for loving me so much. Help me to contemplate your everlasting love for us deep within my soul**

**(Ending prayer: This can be prayed by itself especially when we are struggling with charity)  
Heavenly Father I give you my yes today. I give it to you freely. I accept whatever crosses you send me because I understand it is for the good of my soul. Today I will carry my cross quietly and patiently for you. I will not abuse the graces you are sending me. Instead I will use those graces to help my brothers and sisters so we may all share in the banquet you have prepared for us.**

